

## TANDOORI DISHES

Tandoori dishes are marinated in a specially made sauce with yoghurt and all the rich spices, Then cooked over a flaming fire or Charcoal in a clay oven with skewers.

<b>Tandoori Special</b>	<b>£11.50</b>
Tandoori Chicken, chicken tikka, lamb tikka and sheek kebab, served with nan, lettuce, cucumber, tomato, salad and mint sauce.	
<b>Half Tandoori Chicken</b>	<b>£7.95</b>
Half on the bone chicken, served with salad and mint sauce.	
<b>Tandoori Chicken Tikka</b>	<b>£7.95</b>
Dry, Served with salad and mint sauce.	
<b>Tandoori King Prawn</b>	<b>£13.95</b>
Dry, Served with salad and mint sauce.	
<b>King Prawn Shashlick</b>	<b>£14.95</b>
Spiced with chunks of onion, tomatoes, green peppers and served with salad and a special medium curry sauce.	
<b>Chicken Shashlick</b>	<b>£9.95</b>
Spiced with chunks of onion, tomatoes, green peppers and served with salad and a special medium curry sauce.	
<b>Lamb Shashlick</b>	<b>£10.95</b>
Spiced with chunks of onion, tomatoes, green peppers and served with salad and a special medium curry sauce.	
<b>Tandoori Lamb Tikka</b>	<b>£8.95</b>
Dry, Served with salad and mint sauce.	
<b>Tandoori Lamb Chops (5 pcs)</b>	<b>£13.95</b>

## TRADITIONAL DISHES

	Chicken	Lamb / Prawn	Chicken Tikka	King Prawn	Vegetable
<b>MASSALA DISHES</b>	-----	<b>£9.50</b>	<b>£8.50</b>	<b>£12.95</b>	<b>£6.95</b>
Tandoori Baked, Cooked in Oriental Spices with butter and chopped tomatoes.					
<b>MEDIUM DISHES</b>	<b>£6.95</b>	<b>£7.95</b>	<b>£7.95</b>	<b>£11.50</b>	<b>£6.30</b>
All of the following are cooked using fresh coriander, garlic and spices.					
<b>MADRAS DISHES</b>	<b>£6.95</b>	<b>£7.95</b>	<b>£7.95</b>	<b>£11.50</b>	<b>£6.30</b>
Spiced & Hot Sauce.					
<b>VINDALOO DISHES</b>	<b>£7.50</b>	<b>£8.50</b>	<b>£8.50</b>	<b>£12.00</b>	<b>£6.95</b>
Spiced & Very Hot Sauce.					
<b>BHUNA DISHES</b>	<b>£6.95</b>	<b>£8.95</b>	<b>£7.95</b>	<b>£11.50</b>	<b>£6.30</b>
Spicy, medium dry sauce.					
<b>PATHIA DISHES</b>	<b>£6.95</b>	<b>£7.95</b>	<b>£7.95</b>	<b>£11.50</b>	<b>£6.30</b>
Hot & Sour.					
<b>DHANSAK DISHES</b>	<b>£6.95</b>	<b>£7.95</b>	<b>£7.95</b>	<b>£11.50</b>	<b>£6.30</b>
Lentils, Hot & Sour.					
<b>ROGON DISHES</b>	<b>£7.50</b>	<b>£8.50</b>	<b>£8.50</b>	<b>£12.00</b>	<b>£6.95</b>
Tomatoes and fried garlic (medium dry with onions).					
<b>DUPIAZA DISHES</b>	<b>£6.95</b>	<b>£7.95</b>	<b>£7.95</b>	<b>£11.50</b>	<b>£6.30</b>
Medium dry with chunks of onion and peppers.					
<b>KURMA DISHES</b>	<b>£6.95</b>	<b>£7.95</b>	<b>£7.95</b>	<b>£11.50</b>	<b>£6.30</b>
Fresh cream with coconut (very mild).					
<b>MUSHROOM DISHES</b>	<b>£7.50</b>	<b>£8.50</b>	<b>£8.50</b>	<b>£12.00</b>	<b>£6.30</b>
Cooked with mushrooms.					
<b>JALFREZI DISHES</b>	<b>£7.50</b>	<b>£8.50</b>	<b>£8.50</b>	<b>£12.00</b>	<b>£6.95</b>
Spicy with onion and fresh green Chilli.					
<b>SAG MIXED DISHES</b>	<b>£7.50</b>	<b>£8.50</b>	<b>£8.50</b>	<b>£12.00</b>	<b>£6.95</b>
Cooked with spinach (Medium).					

## VEGETARIAN DISHES

<b>Palak Paneer</b>	<b>£6.95</b>
Spinach and Indian cottage cheese, cooked in a spicy sauce and garnished with Coriander.	
<b>Egg Curry (medium)</b>	<b>£6.95</b>
<b>Chana Massala</b>	<b>£6.95</b>

## ACCOMPANIMENTS

Vegetable Side Dishes.

<b>Mixed Vegetable Bhajee</b>	<b>£3.50</b>	<b>Sag Bhajee</b>	<b>£3.50</b>
(Dry cooked with spices)		(Spinach dry with spices)	
<b>Mushroom Bhajee</b>	<b>£3.50</b>	<b>Aloo Gobi</b>	<b>£3.50</b>
(Dry with spices)		(Potatoes with cauliflower, dry with spices)	
<b>Bindi Bhajee</b>	<b>£3.50</b>	<b>Chana Bhajee</b>	<b>£3.50</b>
(Dry with spices)		(Chickpeas, dry with spices)	
<b>Cauliflower Bhajee</b>	<b>£3.50</b>	<b>Sag Chana</b>	<b>£3.50</b>
(Dry with spices)		(Chickpeas and spinach dry with spices)	
<b>Bombay Aloo</b>	<b>£3.50</b>	<b>Aloo Chat</b>	<b>£3.50</b>
(Dry with spices)		(Potatoes pieces in chat massala Sauce)	
<b>Plain Dall</b>	<b>£3.50</b>	<b>Sag Paneer</b>	<b>£3.95</b>
(Lentils with spices)		(Spinach and Indian cottage cheese)	
<b>Tarka Dall</b>	<b>£3.50</b>	<b>Matter Paneer</b>	<b>£3.95</b>
(Lentils with spices, fried onions and garlic)		(Peas and Indian cottage cheese)	
<b>Raitha</b>	<b>£2.00</b>	<b>Sag Aloo</b>	<b>£3.50</b>
(Yoghurt with cucumber and onions)		(Spinach and potato, dry with spices)	

## SUNDRIES

<b>Mixed Fried Rice</b>	<b>£3.50</b>	<b>Stuffed Paratha</b>	<b>£3.50</b>
(Fried with ghee, peas and onions)		<b>Roti</b>	<b>£2.10</b>
<b>Pilau Rice</b>	<b>£3.00</b>	<b>Poppadum</b>	<b>£0.70</b>
(Saffron basmati rice and choice of herbs)		<b>Massala Poppadum</b>	<b>£0.70</b>
<b>Egg Fried Rice</b>	<b>£3.50</b>	<b>Mango Chutney</b> (sweet)	<b>£0.80</b>
<b>Coconut Rice</b>	<b>£3.50</b>	<b>Onion Salad</b>	<b>£0.80</b>
<b>Mushroom Fried Rice</b>	<b>£3.50</b>	<b>Chapati</b>	<b>£1.95</b>
<b>Keema Fried Rice</b>	<b>£3.80</b>	<b>Chutney Tray</b>	<b>£2.50</b>
<b>Plain Rice</b> (Boiled)	<b>£2.90</b>	(Onion salad, Mango Chutney, mint sauce and mixed pickle)	
<b>Half Rice/Half Chips</b>	<b>£3.95</b>	<b>Paratha</b>	<b>£2.80</b>

## NAN BREAD

<b>Paramount</b>	<b>£2.95</b>	<b>Keema</b>	<b>£2.85</b>
(Keema, onion, garlic or chilli)		<b>Peshwari</b>	<b>£2.85</b>
<b>Plain</b>	<b>£2.40</b>	<b>Garlic</b>	<b>£2.85</b>
<b>Stuffed Vegetable</b>	<b>£2.85</b>	<b>Chilli Nan</b>	<b>£2.85</b>

## ENGLISH DISHES

A la Carte (All English dishes are served with Chips, peas, lettuce and Tomato)

<b>Chicken</b>	<b>£8.95</b>
<b>Scampi</b>	<b>£8.95</b>
<b>Chicken Omelette</b>	<b>£8.95</b>
<b>Prawn Omelette</b>	<b>£8.95</b>
<b>Mushrooms Omelette</b>	<b>£7.95</b>

## EXTRA VEGETABLES

<b>Chips</b>	<b>£2.50</b>
<b>Mushrooms</b>	<b>£3.50</b>
<b>Lettuce and tomato Salad</b>	<b>£2.00</b>

# PARAMOUNT

INDIAN RESTAURANT & TAKEAWAY



Fine Dining Restaurant & Takeaway

**TELEPHONE: 029 2070 8778**

5 Station Approach, Penarth CF64 3EE

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## STARTERS

<b>Qtr Tandoori Chicken</b> On the bone Chicken, roasted in the tandoori, served with salad and mint sauce.	<b>£3.95</b>
<b>Chicken Tikka</b> Boneless chicken pieces, roasted in the tandoori, served with salad and mint sauce.	<b>£3.50</b>
<b>Lamb Tikka</b> Boneless lamb pieces, roasted in the tandoori, served with salad and mint sauce.	<b>£3.95</b>
<b>Sheek Kebab</b> Minced lamb, mixed with onions, herbs and spices, roasted in the tandoori on skewers. Served with salad and mint sauce.	<b>£3.95</b>
<b>Shami Kebab</b> Minced lamb, mixed with onions, herbs and spices, shallow fried in puried butter (ghee) . Served with salad and mint sauce.	<b>£3.95</b>
<b>Nargis Kebab</b> Spiced scotch egg, wrapped in minced lamb. Served with salad and mint sauce.	<b>£4.50</b>
<b>Samosa</b> Triangular shaped and filled with spicy minced meat. Served with salad and mint sauce.	<b>£2.80</b>
<b>Prawn Puree</b> Filled with prawns, cooked in selected spices, served with salad and mint sauce.	<b>£3.95</b>
<b>Ginga Puree</b> Filled with king prawns, cooked in selected spices, Served with salad and mint sauce.	<b>£4.95</b>
<b>King Prawn Butterfly</b> Deep fried buttered prawns , Served with salad and mint sauce.	<b>£4.95</b>
<b>Chicken Chat</b> Tikka chicken pieces in chat massala sauce, Served with salad and mint sauce.	<b>£3.95</b>
<b>Mixed Kebab</b> A Combination of chicken tikka, sheek kebab and lamb tikka, served with salad and mint sauce.	<b>£5.50</b>
<b>Lamb Chops</b> Slow braised lamb chops marinated in tandoori and garlic paste. served with salad and mint sauce.	<b>£5.50</b>
<b>Duck Roshney</b> Duck pieces, roasted in the tandoori. Served with salad and mint sauce.	<b>£5.95</b>

## VEGETABLE STARTERS

<b>Onion Bhajee</b> Served with salad and mint sauce.	<b>£2.80</b>
<b>Vegetable Samosas</b> Triangular shaped and filled with spicy vegetable. Served with salad and mint sauce.	<b>£2.80</b>
<b>Mixed Vegetable Puri</b> Filled with delicious spicy vegetables. Served with salad and mint sauce.	<b>£3.95</b>
<b>Mushroom Puri</b> Filled with fresh mushrooms, cooked with selected spices. Served with salad and mint sauce.	<b>£3.95</b>
<b>Sag Puri</b> Filled with spinach and cooked with selected oriental spices. Served with salad and mint sauce.	<b>£3.95</b>

## CHEF'S RECOMMENDATION

Chicken Tikka, Lamb or Prawn £1.00 extra

<b>King Prawn Shashlick Balti</b> Grilled in spices with fresh tomatoes, onions, green peppers and cooked in a balti Sauce.	<b>£13.95</b>
<b>Chicken Shashlick Balti</b> Grilled in spices with fresh tomatoes, onions, green peppers and cooked in a balti Sauce.	<b>£9.95</b>
<b>King Prawn Korai</b> King prawns, cooked in curry sauce, delicately flavoured with oriental herbs and spices served in a medium sauce.	<b>£12.95</b>
<b>Chicken Korai</b> Diced chicken, cooked in curry sauce, delicately flavoured with oriental herbs and spices served in a medium sauce.	<b>£8.95</b>
<b>Shatkora (Medium)</b> Chicken, famous Bangladeshi taste of citrus flavour.	<b>£8.95</b>
<b>NAGA Jolokia (Hot)</b> Chicken cooked with fresh coriander, garnished with spicy sauce with a touch of 'naga' a hot and aromatic chillies.	<b>£8.95</b>
<b>Okra (Medium)</b> Chicken served with fresh okra and prepared using a range of traditional spices, onions, fresh herbs and thick sauce.	<b>£8.95</b>
<b>Karahi Duck (Medium)</b> Tender pieces of duck barbecued & tossed in medium spices with onions, tomatoes and green peppers.	<b>£10.95</b>
<b>Bombay Bhuna</b> Chicken with onion, tomato, potato, served in medium bhuna sauce.	<b>£8.95</b>
<b>Mughol Balti</b> Breast of chicken cooked with minced lamb and tomatoes in a spicy aromatic sauce.	<b>£8.95</b>
<b>Chicken Rezala</b> Breast of chicken highly spiced topped with onion, capsicum, fresh garlic paste, slowly cooked with yogurt.	<b>£8.95</b>
<b>Chef Xacutti</b> Breast of chicken cooked with xacutti sauce, tenderised with mustard and curry leaves.	<b>£8.95</b>
<b>Chicken Kohlapuri</b> Hot and spicy Chicken dish prepared with cumin, green chillies, almond and coconut.	<b>£8.95</b>
<b>Duck Sheri</b> Grilled duck caramalised in onion and garlic in a tandoori sauce.	<b>£11.95</b>
<b>Chicken Amm</b> A mild chicken dish cooked in cream with a sweet mango taste.	<b>£8.95</b>
<b>Nandan Chicken</b> Delicious kerala chicken with coconut cream, tomatoes and spices.	<b>£8.95</b>

## FISH DISHES

Dishes may contain Bones.

<b>Fish Balti</b> The finest ingredients, carefully marinated in a specially prepared recipe of herbs and spices.	<b>£8.95</b>
<b>Fish Massala</b>	<b>£9.50</b>
<b>Fish Bhuna</b> Cooked with sliced onions, green peppers and garlic with fresh herbs in a medium sauce.	<b>£8.95</b>
<b>Fish Jhalfrezi</b> Cooked fairly hot and spicy in a sauce with fresh green peppers and green chillies.	<b>£8.95</b>
<b>Tandoori Salmon Tikka</b> Dry, Served with salad and mint sauce.	<b>£13.95</b>

## BIRYANI DISHES

Served with plain or vegetable curry sauce.

All Chicken dishes are Breast of Chicken. Mushrooms 95p Extra.

<b>Paramount Special Biryani</b> Chicken, lamb, prawns, egg, mushrooms, etc, topped with tomato and omelette, served with vegetable curry.	<b>£10.95</b>
<b>Persian Chicken Biryani</b>	<b>£9.95</b>
<b>Chicken Biryani</b>	<b>£8.95</b>
<b>Lamb Biryani</b>	<b>£9.95</b>
<b>Chicken Tikka Biryani</b>	<b>£9.95</b>
<b>Lamb Tikka Biryani</b>	<b>£10.95</b>
<b>Prawn Biryani</b>	<b>£9.95</b>
<b>King Prawn Biryani</b>	<b>£13.95</b>
<b>Vegetable Biryani</b>	<b>£8.95</b>
<b>Egg Biryani</b>	<b>£8.95</b>

## ORIGINAL BALTI DISHES

Our Balti dishes use only the freshest ingredients, carefully marinated in specially prepared recipes of herbs and spices.

Chicken Tikka, Lamb or Prawn Balti £1.00 extra.

<b>Balti Palak Aloo Daal</b> Spinach, potato and lentils, cooked to a traditional balti recipe.	<b>£7.50</b>	<b>Vegetable Balti</b>	<b>£6.95</b>
<b>Chicken Balti</b>	<b>£7.95</b>	<b>Chicken Tikka Balti</b>	<b>£8.95</b>
<b>Chicken Spinach Balti</b>	<b>£8.50</b>	<b>King Prawn Balti</b>	<b>£12.50</b>
<b>Chicken Vegetable Balti</b>	<b>£8.50</b>	<b>King Prawn Saag Balti</b>	<b>£12.95</b>
<b>Chicken Mushroom Balti</b>	<b>£8.50</b>		

## OUR CURRY SPECIALS

Chicken Tikka, Lamb or Prawn Balti £1.00 extra.

<b>Murgi Special</b> Chicken marinated in oriental spices with keema and chopped tomatoes.	<b>£8.95</b>
<b>Chicken Chilli Massala</b>	<b>£8.95</b>
<b>Paramount Special Bhuna</b> Tandoori Chicken and minced lamb, cooked with sliced onions, green peppers, ginger and garlic with fresh herbs in a medium curry.	<b>£8.95</b>
<b>Paramount Achar</b> Chicken Cooked in traditional spices in a spicy sauce with mixed pickles.	<b>£8.95</b>
<b>Paramount Special Balti</b> A combination of chicken, lamb and prawns, cooked with spicy mushrooms and garnished with coriander.	<b>£8.95</b>
<b>Garlic, Chilli Chicken</b> Cooked with roasted garlic, fresh green chillies, coriander and a touch of exotic spices.	<b>£8.95</b>
<b>Mint Chicken</b> Prepared with special herbs including fresh coriander, mint and garlic.	<b>£8.95</b>

	Chicken	Lamb / Prawn	Chicken Tikka	King Prawn	Vegetable
<b>PASANDA DISHES</b> Marinated Kashmiri spices, cooked in a cream and almond sauce.	<b>£8.50</b>	<b>£9.50</b>	<b>£9.50</b>	<b>£12.95</b>	<b>£7.95</b>
<b>PANEER DISHES</b> Cooked with traditional indian cheese in a rich sauce.	<b>£8.95</b>	<b>£9.95</b>	<b>£9.95</b>	<b>£12.95</b>	<b>£7.95</b>
<b>MAKANI DISHES</b> Cooked in a creamy coconut and almond sauce.	-----	-----	<b>£7.95</b>	<b>£12.95</b>	<b>£7.95</b>
<b>BUTTER DISHES</b>	<b>£8.50</b>	-----	<b>£9.50</b>	<b>£12.95</b>	<b>£7.95</b>